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Julie Starr (Author of The Coaching Manual)

The Coaching Manual: The Definitive Guide to The Process, Principles and Skills of Personal Coaching (4th Edition) Paperback – 20 Jan. 2016 by Julie Starr (Author)

The Coaching Manual: The Definitive Guide to The Process ...

The 3rd edition of The Coaching Manual was published in 2010 and is, in my view, a must read for personal coaches, whether new to coaching or long experienced. The book is, as its title suggests, a manual covering all the essentials of coaching (and much more besides). It integrates well with the GROW model.

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With best selling books, powerful principles, models and practice, Julie Starr influences coaching globally. With a reputation for the simple yet profound, Julie distils wisdom in ways that enable behavioural change.

COACHING - BEHAVIOUR - RESULTS - Starr Coaching

Julie is a widely-respected authority on coaching, mentoring and personal development. Her books, The Coaching Manual, Brilliant Coaching and The Mentoring Manual, are used in training programmes worldwide; she's regularly invited to speak at conferences and lectures. Julie is also a fiction author for young adults.

JULIE STARR - Starr Coaching

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Widely recognised as a leading practical handbook on coaching, The Coaching Manual combines an understanding of coaching principles, skills, attitudes and behaviours, along with practical guidance and a comprehensive tool kit for coaches. The Coaching Manual demystifies the full coaching process, from first step to final meeting.

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Synopsis Translated around the world, and recommended reading on many coaching programmes this bestselling book is trusted globally as the definitive guide to coaching. This carefully revised edition will guide you through the entire process from first meeting to when coaching ends, with methods, tips and techniques that simply work.

The Coaching Manual by Julie Starr | Waterstones

Take your coaching from good to great Both a complete learning experience and an instant source of fresh insight, The Coaching Manual, now in its third edition, is packed with all the information, tools, and techniques you need to take your coaching to another level.

The Coaching Manual:The Definitive Guide to The Process ...

Translated around the world, and recommended reading on many coaching programmes this bestselling book is trusted globally as the definitive guide to coaching. This carefully revised edition will guide you through the entire process from first meeting to when coaching ends, with methods, tips and techniques that simply work.

The Coaching Manual : Julie Starr : 9781292084978

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